

## INTERNALIZING SOLAR FLARES

March 15, 2012

By Michael Erlewine ([Michael@Erlewine.net](mailto:Michael@Erlewine.net))

Some of you are too shy to post comments, but I get messages and emails asking for more detail about how to handle these times of strong solar input in our lives.

Let's not confuse trying to grasp the meaning of the deep solar information we feel moving inside us and everyday normal conceptual or analytical thinking. When someone criticizes us or makes suggestions, comments, asides, etc., certainly we can spend a long time processing it. In particular a harsh comment can take up hours or even days at a low boil in the back of our mind. And following philosophical or spiritual arguments or any argument is pretty normal behavior. Response to solar influx is not like that.

Right now we happen to be talking about these current large solar flares and the CME (coronal mass ejections) that the Sun hurls at Earth, but the influx of cosmic or deep information can also come around the time of eclipses, New and Full Moons, planetary aspects and alignments, and who-knows-when? The important point is not so much the 'where' and 'when' of the cause of the information as it is to learn to become aware of it when it is there and happening to us. This kind of influx can also happen without any cause that we know of, but we can learn to be aware when this is happening.

As mentioned, solar and cosmic information goes in deep and stays embedded in our mindstream. I am sure there is stuff in there so hard to grasp that we won't ever be aware even of its edges, much less any message we might get out of it. These are the very deep riders. We manage to ignore them because they are too difficult to bring to mind.

But there is solar information embedded in our consciousness that is only partially embedded, like a stone with a piece of fossil sticking out of it. It is natural to want to extract it and make sense of it. And this cosmic (or whatever it is) information is not just inert or passive like a rock. By its nature, it is very active and seminal. It is energetic and it moves our mind around. We can feel it in there, like a mother feels a child in her womb, but it is not yet time for it to emerge and be understood. Deep cosmic imprints can take time to reach the surface of our awareness.

These imprints emerge slowly, becoming clear perhaps only partially and for brief moments, but not longer. I sometimes think of them as a timed-release capsule that is effective only over a long period. Deep events take time to be known and understood by us. We can feel them in there. We can roll them around like those old Magic 8-Balls and some answers seem to come up, but they defies us to exhaust its meaning. It is like those all day suckers some of us had as kids. We have not yet reached the core.

Perhaps this is partly because the active ingredient of this cosmic info compels us to experience it (action), not to just mentally understand it. We need to have the experience it brings before we can draw any conclusions as to its meaning. It activates us. Or perhaps we dance like honeybees dance when they have information and the kind of dance or activity we do informs us and those around us. This is not a bad analogy. Solar influx puts us through a dance or something similar that gradually reveals its meaning to us and to the world. In other words, solar influx is a life experience and not just a thought.

Let me summarize the signs of this deep intuitive kind of solar implant. We feel it inside us, but we can't just "get it" and know what it means. It moves us and has an active ingredient or activity component. It generates plenty of thoughts as we try to grasp it, but those thoughts, however illuminating, are transitory. We can't quite get to the bottom of it.

This deep info does not leave us until it we have exhausted its meaning by absorbing it, so we are able to bring it to mind, over and over again, like a favorite song. Each time we bring it to mind, we learn and retain a little more, but its active substance soon overwhelms us (overload) and we end up experiencing (feeling) it more than seeing its message. It is viscous and not easy to grasp conceptually, thus giving up its secrets slowly.

Try as we might to force it, we are quickly worn out trying, and whatever thoughts we have been able to gather about its meaning are soon scattered and we are left with but a another taste that does not entirely satisfy. This can go on for days, weeks, months, and longer. What to do at these times?

Above all we have to learn to relax and let this cosmic oracle of information speak to us in its own good time. We can strain until our headaches trying to understand it, but it won't be pushed. We can cling to a fragment of understanding until sleep overcomes us and we are forced let it go. This is a natural process. These solar events must be savored. They contain our future.

Again: t he key to handling solar influx is to relax and go with the flow. Let its meaning percolate up to consciousness in its own time. Don't try to rob the cradle but remain receptive and let it birth itself. And don't worry about the first glimmerings of meaning and try to force or cling to them. They will, like waves, come again and again to consciousness until we wake to the meaning and join in the cosmic dance it brings.

He is a little poem I wrote years ago about not chasing after thoughts. It uses the metaphor of birds on a ship at sea in that they have nowhere to fly.

#### REST HOME

My thoughts,  
Like birds aboard a ship,  
I let go free,  
As they fly away from me.

No need to follow on,  
And here's the perfect test:  
There is no place to go,  
All thoughts come back to rest.

#### YET ANOTHER SOLAR FLARE

March 14, 2012

I never intended to be writing so much about these solar flares, but as they say "the hits just keep on comin'." The very productive sunspot AR1429 erupted with another strong flare on Tuesday March 13, 2012 somewhere around 1:41 PM EDT. This time it was a M7-class flare (next to the highest class) and, although that sunspot is no longer directly facing Earth, we will

however receive a glancing blow from the CME (coronal mass event) that was thrown off. Scientists say that the impact of this CME event will impact Earth on March 15, 2012 at around 2 AM (+/- 7 hours) in the morning and will probably trigger geomagnetic storms. There is also an S2-class radiation storm taking place from accelerated protons enveloping Earth even now.

## INNER UPDATE

This rapid-fire series of CME events and their impact psychologically and spiritually on us here on Earth I believe I have covered earlier (see links below), but I will just add a few words for those who are following all this or who are sensitive enough to feel overcome by these events.

Because these massive solar events plunge us into new inner territory by impacting our mindstream with information capable of rearranging our inner living room without our permission or control, they can be overwhelming in their ability to disturb our internal landscape.

As pointed out in my earlier blogs on this topic, this solar-flare information affects us deeply but is so powerful or “new” that it is not often possible to take it all in at a glance. We don’t just “get it.” It is not something that we can intellectually analyze or conceptualize except over time. Yet it can be very disturbing to our routine, causing all kinds of lightning-storm-like thoughts, but these are more like glimpses of reality than conceptual takeaways. We tend not to be able to remember what we see emanating from what are more like feelings or impulses.

It requires patience and repeated bringing-to-mind of this incoming material to grasp what it is all about. We roll it around in our mind. And we find may ourselves reaching and overreaching in attempts to get our mind around and grasp the message for us of what we are receiving. This is seminal information and it can be very creative and stimulating mentally and spiritually.

I find it helpful, in order to better withstand these minor incoming shocks to the system to eat a little more than usual or to keep something in my stomach to insulate from these inner earthquakes and their tremors.

This can be very exciting stuff and certainly an improvement over the average run-of-the-mill events.

Well, I have been recommending that you scroll down through my Facebook wall to read more of my comments on solar flares and how they might affect us, but that may be getting difficult for some of you, so here are some links that will make it easier. These links are in chronological order from when this series of solar flares began.

ALERT: Incoming Solar Flare CME Event!

<http://www.facebook.com/photo.php?fbid=10150716739877658&set=a.110624912657.118041.587252657&type=1&theater>

CORONAL MASS EJECTION TO HIT EARTH TODAY

<http://www.facebook.com/photo.php?fbid=10150718030037658&set=a.110624912657.118041.587252657&type=1&theater>

ANOTHER NEW SOLAR FLARE AND CME DIRECTLY AT EARTH

<http://www.facebook.com/photo.php?fbid=10150721174327658&set=a.110624912657.118041.587252657&type=1>

LISTEN TO THE SOUND OF THE SOLAR ERUPTION

<http://www.facebook.com/photo.php?fbid=10150724443617658&set=a.110624912657.118041.587252657&type=1&theater>