

WONDERFUL QUOTE

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By Michael Erlewine (Michael@Erlewine.net)

A quote from the Ven. Chogyam Trungpa Rinpoche, the great Tibetan lama who in the early 1970s pointed out to people like myself that Buddhism is not an intellectual topic for late-night coffee and cigarettes, but rather a path one had to walk.

“The bad news is,
You’re falling through the air,
Nothing to hang on to,
No parachute.
The good news is,
There is no ground.”