

## THE WATER IS BACK IN THE WELL

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Have been off blog for a couple of days, so I will briefly catch-up a little here. The trip to the mountains above Woodstock, New York was longer than expected, some 12.5 hours due to traffic tie-ups, and getting stuck on the Peace Bridge from Canada back into the United States in lines of traffic, unable to get to the “special” line for those who have a Nexus card.

The good news is that we finally (and safely) got to KTD Monastery and are all snuggled in here for ten days or so. We get here a day early so we can rest up before everything starts to happen. We watch folks file in and gradually the whole mandala comes together and we start to get caught up with the intensive routine.

It is Sunday morning as I write this and Margaret and I are about to hike down the back way up the mountain far enough so that walking back up is a workout. We try to do that each morning to keep the body working.

Margaret and I are part of the video team for the teaching, and that is all set up and with meals coming like clockwork, we are already getting caught up in the stream of events. Time is slow at the beginning, but after a few days I am lost in the flow and time begins to pass rapidly. It is still early enough to savor each hour and day.

Lots to write about, but not a lot of time. I will try to write at some point of my meeting with our Chinese Medicine doctor and how great he is.

The video I put together to celebrate Rinpoche’s 90th birthday is now playing in a loop on a big screen in the main dining hall and lots of folks are enjoying it. Here it is for those of you who missed it:

<http://www.youtube.com/watch?v=b3tPI8Wwqlw>

One big event was our yearly interview with Rinpoche. Margaret and I pool our 15-minute interviews together and have a whole half hour to spend with him. I enclose a photo of the three us at the end of the interview. It was great.

So, the bottom line is we are here, happy, and the train of time has left the station and is already picking up speed. This is about as fun as life gets for me, this and my kids.

[Photo of Margaret, Rinpoche, and me.]

