

## WOODS IN WINTER

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Here is a photo of the woods in winter which I kind of like... the different layers in the background and directions of the shadows, etc. Meanwhile, I am busy this last couple of days giving meditation instructions to various groups. We have a dharma center here in Big Rapids (and have for the last 25 years or so) where we help folks to learn mind training - getting to know the mind. I am traveling but will be home in a couple of hours. Have a great weekend!

